

Spa Treatment Menu



Pampering

140 minutes | VND 4,500,000
Discover the perfect package for pure relaxation. Your pampering journey includes a private steam bath, herbal footbath and heel care, followed by a body scrub and Shine Relaxing Therapy and foot reflexology. The result is a truly revitalizing wellness experience.

Private steam bath	15mins
Herbal foot bath with heel care	10mins
Silky skin body scrub	35mins
Relaxing therapy	60mins
Foot reflexology	20mins

The Healing Touch

130 minutes | VND 5,000,000
Heal your body with a holistic wellness journey, featuring a soothing cinnamon footbath and heel care, a Moroccan Cocoon Wrap to purify and cleanse the skin, and a deep tissue massage to create a sense of intense invigoration and relaxation in the muscles.

Private steam bath	15mins
Herbal foot bath with heel care	10mins
Moroccan cocoon rassoul body wrap	35mins
Deep tissue	70mins

Rejuvenation

160 minutes | VND 5,500,000
Prepare to feel fully rejuvenated. This journey of revival starts with a herbal footbath and heel care, before continuing with an invigorating Mediterranean hot stone therapy to boost the circulation. Finally, a facial treatment will leave you feeling completely relaxed.

Private steam bath	15mins
Herbal foot bath with heel care	10mins
Hot stone massage	85mins
Facial care	50mins

Desert Heat Body Wrap

50 minutes | VND 2,400,000
Experience a warm, soothing, bubbling wrap to eliminate stress and fatigue. Rich red seaweed and golden Arizona desert mud are enriched with copper, magnesium and zinc, helping the nourishing minerals seep in, resulting in a completely reinvigorated body.

Cream Fraiche Body Wrap

Pineapple and Papaya
60 minutes | VND 3,000,000
The tropical combination of pineapple and papaya helps to create silky soft skin. This fruity body wrap is rich in natural anti-aging activity, significantly reducing wrinkles and skin sagging. This treatment is highly recommended for prematurely aging skin.

Reservations

Schedule your appointment in advance to ensure your preferred treatment or therapist is available. Same-day bookings and walk-in appointments are always welcome based on availability. All reservations must be secured with a major credit card and telephone number.

Shower

A quick shower before your massage or treatment is highly recommended, as it helps to relax the body and wash away any salts, minerals or chemicals that could clog pores when mixed with oils or other treatment products.

Cancellation Policy

Four hours' notice is required for changes or cancellations. Arriving late for a service may require us to shorten the length of your treatment, with full charges applied.

Treatment Attire

It is customary to wear just your robe to your treatment. You will be given the opportunity to disrobe and cover yourself in privacy. At no time during your treatment will your body be fully exposed.

Communication

Prior to the start of your service, please tell your therapist which areas you would like to focus on, and any areas to be avoided. During your service, let the therapist know if you feel any discomfort. Communication is the key to getting full benefit from your spa experience.

Gratuities

Gratuities should reflect your level of satisfaction with our services and your personal therapists; therefore, all gratuities are left solely to your discretion.

Gift Certificates

Give the gift of spa to someone you care about. A great way to introduce someone to the world of wellness, Shine Spa for Sheraton gift certificates are available for individual treatments, spa or bridal packages with predetermined denominations.

Conditions

Kindly refrain from smoking or using mobile phones when in the spa. Sheraton Grand Danang Resort will not be held responsible for any loss, damage, injury, illness or adverse effects relating directly or indirectly to any spa treatment.

Glow

Thank you and enjoy your journey to wellbeing with Shine Spa. Close your eyes, free your mind and breathe deeply. Remember, this is your time to shine.

Sheraton Grand Danang Resort

35 Truong Sa Street, Ngu Hanh Son District
Danang City 550000, Vietnam
T 236 398 8999
F 236 398 1988
marriott.com/DADSI

Body Therapy

Shine Massage*

60 minutes | VND 2,500,000

Let your tension melt away by candlelight. Our warm, aromatic oil of soy butter, shea butter, jojoba and vitamin E is poured gently over the body and smoothed onto the skin, leaving it glowing, nourished, hydrated and subtly fragranced.

Energizer Back Therapy

30 minutes | VND 1,400,000

60 minutes | VND 2,400,000

Special aromatic oils are dripped onto the back using deep strokes, stretching the muscles and releasing tension in the neck, back and shoulders. This treatment can improve flexibility, prevent injury and speed the healing process of damaged muscles.

Deep Tissue Treatment

60 minutes | VND 2,400,000

90 minutes | VND 3,500,000

This treatment uses slow strokes and finger pressure, focusing on the deep layers of muscle and connective tissue to release chronic tension in the body. This technique helps to "unstick" the muscle fibers to soothe the entire body.

Relaxing Therapy

60 minutes | VND 2,400,000

90 minutes | VND 3,500,000

This revitalizing therapy is designed to relieve tension and reduce stress through the entire body and mind. Harnessing the therapeutic properties of pure essential oils to promote relaxation, this treatment will leave you feeling lighter.

Indian Head Massage

60 minutes | VND 2,400,000

Based on ancient Ayurvedic principles, this traditional treatment uses warm coconut oil and massage techniques to target pressure points in the head and neck. This therapy can help to relieve insomnia, chronic headaches, migraines and sinusitis.

Swedish Massage

60 minutes | VND 2,400,000

90 minutes | VND 3,500,000

Swedish massages are designed to warm up and work out the muscle tissue, releasing tension and breaking up knots or adhesions throughout the body. The treatment promotes relaxation, eases muscular stiffness and enhances overall health and wellbeing.

Traditional Vietnamese Treatment

90 minutes | VND 3,500,000

This traditional full-body treatment embraces wisdom that has been passed down through generations. Warm coconut oil is massaged into the skin, concentrating on the body's pressure points, and suction cups are used to improve circulation and rejuvenate the body.

Traditional Balinese treatment

90 minutes | VND 3,500,000

This authentic Balinese experience is a full-body treatment, that combines gentle stretching with acupressure, reflexology and aromatherapy to stimulate the flow of blood, oxygen and energy around your body, creating a deep sense of calm and wellbeing.

Hot Stone Therapy

90 minutes | VND 3,500,000

Discover a traditional Mediterranean technique for rejuvenation and revival. Basalt stones are precisely placed on the body to help relax tight muscles, remove blockages and relieve pent-up stress, instilling a deep sense of calm.

Shine Hands & Feet *

Shine Hands & Feet *

75 minutes | VND 3,000,000

Soak your feet in a warm cinnamon foot bath before enjoying an exfoliating treatment for the hands and feet. Hydrating masks will be applied to activate circulation using medicinal plant extracts, before using a cream to nourish, repair and protect the skin.

Foot Therapy

30 minutes | VND 1,400,000

60 minutes | VND 2,400,000

This touch-based "zone therapy" operates on the principle that reflexive parts of the feet are linked to other parts of the body. Using floral oils, pressure is applied to specific areas of the feet to restore balance and health to the corresponding areas of the body.

Special Care

Eye Treatment for Puffiness & Dark Circles

15 minutes | VND 1,500,000

This natural mask uses collagen fiber and ginkgo biloba to soothe, cool and decongests the fragile eye area, while visibly reducing puffiness and dark circles. Your eyes will be left sparkling!

Eye Treatment for Lines & Wrinkles

15 minutes | VND 1,500,000

Treat your eyes to the replenishing benefits of 100% pure marine collagen. This potent treatment smooths fine lines and wrinkles, leaving your eye contours looking completely rejuvenated.

Facials

Shine Facial *

90 minutes | VND 3,500,000

Use oxygen to restore your skin's regenerative functions. A light cream mask, rich in hyaluronic acid and vitamins A & E, helps to restore the complexion and firm up the skin, resulting in a more youthful and radiant appearance.

Soothing Facial

60 minutes | VND 2,500,000

Cool and calm the skin with this refreshing anti-inflammatory formula, designed for all types of sensitive skin. This soothing gel mask treatment provides immediate cooling relief for dehydrated, irritated and allergic skin, delivering instant results.

Purifying Facial

60 minutes | VND 2,500,000

Infused with jojoba seeds and chamomile, this natural mask provides a clean, fresh and pleasant sensation on the skin, while also stimulating blood circulation, reducing oiliness and improving dry and rough skin. This helps keep the skin toned, fresh and smooth.

Perfect Balancing Facial

60 minutes | VND 2,500,000

This aromatic mask treatment harnesses the power of grey Bentonite clay to absorb surface oils and white Chinese Kaolin clay to detoxify and cleanse the skin. Based on ancient philosophies, this balanced herbal mask will naturally exfoliate and nourish the skin.

Radiant Facial

75 minutes | VND 3,000,000

Perfect for mature, dehydrated or sun-damaged skin, this mask blends the latest firming and tightening technology with natural ingredients like Asian black tea, South American tree bark, licorice, green tea and lime to generate naturally light and radiant skin.

Shine Body *

90 minutes | VND 3,500,000

Restore your skin's radiant glow with exfoliating sea salt. Rich in citrus and lavender, this will leave your skin looking and feeling silky smooth. An anti-aging body balm will then enrich the skin as volcanic stones transmit positive energy through your body.

Silky Skin Body scrub

50 MINUTES | VND 2,000,000

This effective cleansing treatment uses gentle jojoba beads to remove the backlog of dead cells from the surface of the skin, while simultaneously stimulating blood circulation and leaving the skin feeling smooth and looking bright. A great option for all skin types.

De- Aging Saltmousse

50 minutes | VND 2,400,000

The most natural way to rehabilitate the skin. As water is added to the formula, the scrub foams and slowly releases its reparative negative ions, resulting in increased absorbency. This rejuvenating treatment is recommended for all skin types.

Vietnamese Green Tea Scrub

50 minutes | VND 1,800,000

Green tea is renowned all across Asia for its natural antioxidant qualities. This soothing scrub blends Vietnamese green tea with sea salt to cleanse and

soften the skin. This is a unique local experience that will leave you feeling refreshed and looking radiant.

Sunburn Soother

50 minutes | VND 1,800,000

Aloe vera has long been recognized as healing plant, especially for its treatment of burns and wounds. We blend natural aloe extracts with cool lavender to moisturize the skin and encourage new cell growth. This treatment includes a foot acupressure or scalp treatment.

Re-mineralizing Micronized Algae Body Wrap

50 minutes | VND 2,400,000

This therapeutic seaweed wrap helps to hydrate, re-mineralize and restore dry and damaged skin. The treatment begins with a gentle exfoliation, followed by the generous application of warm seaweed, before wrapping the body in thermal blankets to release toxins.

Moroccan Rassoul Body Wrap

50 minutes | VND 2,400,000

Volcanic ash is a purifying source of skin cleansing and moisture retention. A warm rassoul mud is generously applied to the entire body, enriching the skin with minerals. This stimulates the release of impurities, hydrating the skin and creating a sense of complete renewal.